



Family &  
Children's  
Trust Fund  
OF VIRGINIA

2017 Annual Report





## INTRODUCTION



Lisa Specter-Dunaway  
*Chair, Board of Trustees*

Family & Children's Trust Fund (FACT) is the only organization in Virginia and one of the few organizations nationally that addresses family violence and trauma across the lifespan. Historically, services to prevent and treat family violence (including: child abuse and neglect, intimate partner violence, sexual violence, and abuse, neglect and exploitation of older adults) are provided to a single population, without acknowledging the degree to which they are linked and often generational. FACT continues to encourage programs to holistically address the complexities of intergenerational trauma caused by family violence.

Fiscal year 2017 was the final year of my 3rd year as chair of FACT's Board of Directors and my 7th year serving as a trustee. During my time on the Board, I've seen FACT grow in many ways to increase and strengthen its impact across Virginia communities.

Funders have the ability to encourage organizations and communities to approach their work differently. For the first time, FACT has leveraged its influence by offering larger grants to communities to assess and improve their service delivery systems. In the 2016 grant cycle, FACT funded two trauma-informed community networks to support local work to ensure that organizations provide services in a way that is sensitive to the impact trauma has on individuals and families. Additionally, knowing that quality and sustainable programs take time to plan and implement, FACT lengthened its grant cycle from one year to two.

In 2016, FACT also worked with the internationally known public relations firm, Purple Strategies, to develop a new branding and marketing strategy. The materials and strategy created through this partnership have already helped FACT increase the reach and influence of its research and has established a strong foundation for sustainable growth.

I invite you to learn more about FACT's programs, accomplishments, and organizations we fund to promote the treatment and prevention of family violence and trauma in Virginia. And once you see what FACT has to offer through its data portal, research briefs, special projects and grants, please consider how you can join us in reducing family violence across the lifespan.



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**Fiscal Year 2017**

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**Vision**

FACT will strive to reduce incidences of family violence in Virginia through support of community-based initiatives, public awareness and collaboration.

**Mission**

FACT will provide for the support and development of services for the prevention and treatment of family violence in Virginia.



## Year In Review

In FY2017 FACT continued to make unique and lasting contributions to communities across Virginia by awarding two system wide trauma-informed network grants and eight local service grants that center around family violence prevention and treatment for children, adults, and older adults.

In addition to competitive grants focused on systems change and direct services, FACT provided support through ad hoc grants to conduct statewide trainings and activities. Through FACT ad hoc grants, organizations across Virginia provided 6 statewide trainings that trained over 1,300 professionals in the field of family violence prevention.

In April 2017 FACT released the Trauma Informed Schools Issue Brief, the second in its Trauma series. The brief received national recognition through the ACEs Connection platform.

FACT continued to update and manage its data portal with locality specific data trends on family violence indicators throughout Virginia. Additionally, FACT served as the convener of the Virginia Child Abuse and Neglect Advisory Committee, a citizen advisory board for federal initiatives received by the Virginia Department of Social Services.



### Virginia Child Abuse & Neglect Conference

Nicole Poulin, FACT Executive Director, Teresa Rafael, National Alliance of Children's Trust & Prevention Funds Executive Director, Lisa Specter Dunaway, FACT Board Chair and Corey Best, Family Engagement Leadership Trainer pose with Ann Childress recipient of the annual FACT Child Welfare Award. FACT provides funding for the Child Abuse & Neglect Conference annually.

### June 2016 Board Meeting

FACT's Board of Trustees gather outside of the Childsavers office after a productive Board meeting. FACT's gubernatorially appointed board consists of child welfare, human rights, and education professionals passionate about the prevention of family violence in Virginia.



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**1,300+**  
professionals trained  
in the field of family  
violence prevention  
& treatment

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**10,000**  
website visits for  
Family Violence re-  
search & data

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**52**  
Virginia localities  
served

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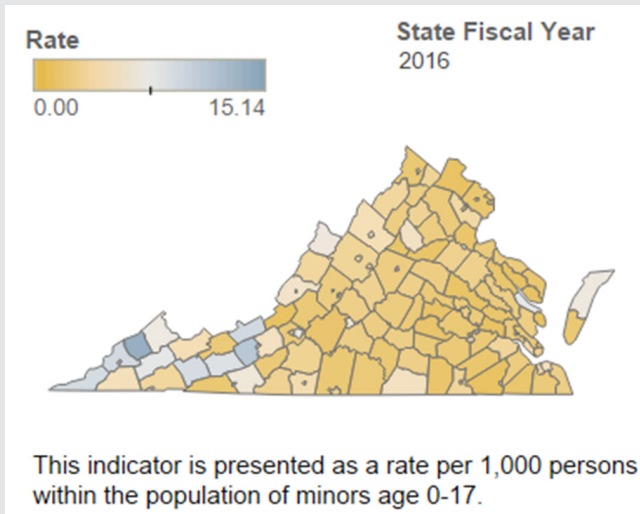
## 18

Family Violence  
Indicators

The FACT Data Portal is the only platform where users can download Virginia locality specific family violence indicator data, graphs and maps.



### CPS Founded Investigations of Child Abuse & Neglect of Children by Family Members



- Use FACT's Data Portal to explore interactive maps to understand family violence on a state level
- Use FACT's Data Portal to download maps, line graphs, and data sets

Visit [fact.virginia.gov/dataportal](http://fact.virginia.gov/dataportal) for more locality specific data and graphs on family violence in Virginia.

### Research: FACT Data Portal

Data should be the foundation of programmatic and policy decisions. Data gives professionals and organizations the ability to take a broad view of issues and see how and why change is happening (or not happening) over time. FACT's Data Portal not only shows data for incidents of family violence, but also demonstrates data that affects family violence such as economic well-being and housing.

With the FACT Data Portal, users can create customized data reports showing data and trends in the areas of child maltreatment, domestic and sexual violence, economic well-being, elder abuse, substance abuse, housing, and juvenile justice in their locality. It provides the opportunity to compare cities, counties, and regions across the Commonwealth. Users may also use it to draw attention to local and state needs, help focus resources where they are needed most, set community goals for improving conditions, or apply for funding as an agency serving multiple localities.

**"The FACT Data Portal provides easily accessible data from multiple sources in a single location. It has been instrumental in supporting grant applications and other program initiatives."**

**-Heather Board, Virginia Department of Health Division Director**

FACT provides step by step instructions for using the data portal, information on data sources and calculation methods and education that enriches users' understanding of the complexities of family violence data.

Visit [fact.virginia.gov/dataportal](http://fact.virginia.gov/dataportal)

## Research: Trauma-Informed Issue Brief Series

There has been an increased focus on the impact of trauma and the role that trauma has on social, emotional, and physical health. As part of the increased effort to bring awareness and understanding to the work of trauma-informed care, FACT has made it the focus of a series of issue briefs.

Each brief in the series discusses the ways in which trauma may be experienced at different points in the lifespan, how trauma may impact the individual, and larger systems, and some promising interventions and resources.

The first brief, *Facing the FACTS: Trauma, an Introduction* provides an overview of the topic and sets context for the series. In April of 2017, FACT released the second brief, *Facing the FACTS: Trauma-Informed Schools*, which focuses on childhood trauma and trauma-informed practices within the education system. The next brief will be released in October, 2017 and will focus on how trauma manifests itself in adults and trauma-informed practices within homelessness service settings. The last brief will continue through the lifespan to focus on trauma and older adults.

FACT's Editorial and Planning Committee, led by FACT Board member Linda Gilliam,

provides guidance, expertise and direction for the issue briefs. The Editorial and Planning Committee consists of a multidisciplinary team from a variety of state agencies including the Department of Health, Department of Housing and Community Development, Department of Aging and Rehabilitative Services, Department of Criminal Justice and Department of Social Services.

To explore the trauma issue brief series and access supporting resources visit:

[www.fact.virginia.gov/trauma](http://www.fact.virginia.gov/trauma)

**Trauma** occurs as a result of violence, abuse, neglect, loss, disaster, war and other emotionally harmful experiences.

**Trauma Informed Care** is an organizational structure and treatment framework that involves understanding, recognizing, and responding to the effects of all types of trauma.



### FACING THE FACTS | Trauma: An Introduction REBECCA TONI HJELM, MSW, SENIOR RESEARCH ASSOCIATE

There has been an increased focus on the impact of trauma and the role that trauma, particularly when experienced in early childhood, has on social, emotional, and physical health. As part of the increased effort to bring awareness and understanding to the work of trauma-informed care, the Family and Children's Trust Fund (FACT) of Virginia has made trauma and trauma-informed care the focus of this issue brief. However, given the complexity of the topic and FACT's focus on family violence across the lifespan, this next brief will be presented as a series.

This first issue provides an overview of the topic and sets the context. The second will focus on childhood trauma, followed by a focus on adult and elder trauma and a wrap-up in the final brief. Each addition in this series will discuss the ways in which trauma may be experienced at different points in the lifespan, how trauma may impact the individual, what some possible social, emotional or physical impacts may be, and some promising interventions and resources.

As the reader, we hope you will take away an increased understanding and awareness of the topic, as well as, increased knowledge about a variety of promising practices being implemented here in the Commonwealth of Virginia.

#### What is Trauma?

For the purpose of these issue briefs, trauma will be defined very broadly and includes the experience of an injury, witnessing someone experience an injury, facing a threat of injury, or experiencing a violation of your personal integrity.<sup>1,2</sup> Examples include death of a family member, experiencing child abuse, witnessing domestic violence, experiencing elder abuse, war, or school shootings. This can be an acute event, chronic events or a combination.

The National Technical Assistance Center for Children's Mental Health, a component of Georgetown University, has partnered with JBS International on the Trauma Informed Care Perspectives and Resources project. Through this resource a comprehensive set of definitions have been provided in the box on p. 2.

#### What is Trauma-Informed Care?

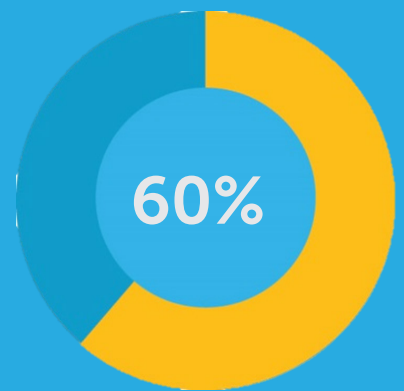
Trauma-informed care is a term that will also be broadly defined and applied across these issue briefs. It refers to understanding the impact that trauma can have and building increased awareness about how to address existing trauma and prevent retraumatization.

A trauma-informed approach can speak to specific mental health interventions, evaluation tools and changes made to a system. It can also refer to the dissemination of information or training individuals who work with those who experience trauma. The following issue briefs in this series will further expand upon what it means to be trauma-informed when working with specific populations across the generations.

However, looking broadly, the Substance Abuse and Mental Health Services Administration

1

Family and Children's Trust Fund of Virginia | 2016



More than 60% of children in the US have been exposed to a traumatic event within the year.

combined years of guidance from the Governor's Advisory Board and FACT Child Abuse & Neglect Committee



### Child Abuse & Neglect Committee

Written by Betty Wade Coyle, committee co-chair

The FACT Child Abuse and Neglect Committee was established in 2012 by legislation under the Governor's Executive Reorganization Plan which consolidated the Governor's Advisory Board on Child Abuse and Neglect (GAB) and Family and Children's Trust Fund (FACT).

The GAB was established in 1975 when the child abuse and neglect reporting statute was enacted in Virginia and remained active until its authority was transferred to the newly established FACT Committee in 2012.

Similar to the responsibilities of the GAB, the current charge of the Committee is to:

- Make recommendations to the FACT Board of Trustees regarding the prevention and treatment of child abuse and neglect that impact the Virginia Department of Social Services, the Board of Social Services, the Governor and the children of Virginia;
- Review regulations, guidance, practices and compliance of state and local Child Protective Services and make recommendations for change when necessary;
- Communicate with the Departments of Behavioral Health and Developmental Services, Criminal Justice Services, Education, Health,

and Juvenile Justice, the Attorney General and the Governor regarding promising and best practices related to efforts to prevent and treat child abuse and neglect within families; and

- Increase understanding, ownership, and investment in child protection across Virginia and advocate for needed resources to achieve the goals of protecting children, promoting child well-being, and strengthening families.

In 2016, the Committee recommended that the FACT Board communicate support of the Governor's initiatives to strengthen childcare health and safety requirements in the state resulting in two letters sent to the Governor's office.

In an effort to contribute to the work of the Three Branch Initiative, the Committee sponsored a presentation "Child Maltreatment Fatalities and the Child Welfare Profession: Experiences, Preparation, and Exploring How Workers Miss Red Flags" by Emily M. Douglas, Ph.D.

Throughout its history, the GAB was a significant force in working to protect children and prevent child abuse and neglect in Virginia. The FACT Child Abuse & Neglect Committee strives to continue in that tradition.



### Grantee Spotlight: Greater Richmond SCAN Trauma-Informed Care Network

A landmark study by the Center for Disease Control and Prevention (CDC) found that exposure to stressful or traumatic events during childhood, or Adverse Childhood Experiences (ACEs), has a significant negative impact on lifelong mental and physical health. ACEs are extremely common--more than 60 percent of children in the US have been exposed to a traumatic event within the year. These findings have led many human services and medical professionals to describe ACEs as a "national public health crisis." The good news is that harm caused by high ACE exposure can be mitigated by increasing resiliency factors. One of the key ways of doing so is to implement trauma informed practices across systems and throughout communities.

SCAN's Greater Richmond Trauma-Informed Community Network (GRTICN) is doing just that, by building a network of members across professional fields that are using a variety of different interventions and strategies to infuse trauma-informed care and creating a more trauma informed resilient community within the Greater Richmond Region. The GRTICN received one of FACT's system change grants to build and promote trauma-informed services to address the needs of children and their families who have experienced trauma in the Greater Richmond Region.

The GRTICN formed in the fall of 2012 with 7 professionals inspired by the gaining traction of trauma-informed care and practices across the US. At the commencement of FACT's funding in July 2016, the GRTICN had grown to a diverse group of 74 professionals committed to embedding trauma-informed principles in the Greater Richmond Community. Since then, with the help of FACT's funding, the GRTICN has grown to 224 members and 100 agencies.

The GRTICN achieves its mission both to reduce the effects of ACEs in the Greater Richmond community and to reduce their prevalence overall through its eight committees, two of which were formed in FY2017 after FACT funding. The newly formed Trauma-Informed Policy Committee planned for a Legislative Action Day and was successful with passing Resolution 653 to recognize Trauma-Informed Community Networks across Virginia. The newly formed Trauma-Informed Healthcare Committee worked to promote trauma-informed health systems and targets the large healthcare systems in the Greater Richmond area and local pediatric practices.

Other committees include the Legal/Courts Committee, which conducted focus groups with Richmond Police Department to assess current practices and organized monthly wellness activities including a yoga class; the Workforce Development Committee which hosted a yearlong case based learning series presented by Dr. Bruce Perry and the Child Trauma Academy for 25 local professionals; and the Training Committee which offers Trauma & Resilience trainings every other month.

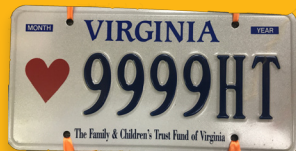
“Becoming trauma-informed doesn't necessarily mean making big changes, it means looking at the work and the world with a “trauma lens” and understanding how our community members are impacted by trauma. Small changes can include physical changes in an environment, how we greet and connect with others and focusing on strengths and resilience.”

-Lisa Wright, SCAN Trauma Focused Treatment Program Coordinator



#### Resolution 653

Members of the GRTICN and Delegate Betsy Carr pose with Resolution 653, legislation they introduced to recognize Trauma-Informed Community Networks across Virginia.



## Revenue and Support

### License Plates

FACT receives the majority of its funding each year from the sale of KIDS FIRST license plates and Virginia FACT plates.

### State Income Tax Check-Off Program

Virginia law allows taxpayers to voluntarily donate all or part of their income tax refund to FACT.

### Donations

FACT receives donations from individuals, foundations, and corporations. FACT is a public-private partnership that receives administrative support from state government and has a gubernatorial appointed board to make funding decisions.

## Your Support

**Why Donate?** FACT is the only organization in Virginia devoted to treating and preventing family violence across the lifespan. This means we have a unique understanding of the complex issues and factors that affect family violence and thus can best distribute the funds to areas and issues that need it the most. Additionally, because we serve programs across the Commonwealth, FACT is best positioned to research and identify effective strategies and opportunities for replication and innovation.

FACT is a public-private partnership. We have backing and authority from state government that enables us to achieve meaningful progress and the flexibility and agility necessary to make independent decisions and dedicate resources where they are most needed. **Donations to FACT are 100 percent tax deductible.**

The Virginia Department of Social Services supports FACT's administrative costs. This allows for 100% of every dollar donated is used to directly support

programs that are working to prevent and treat family violence. Therefore, every donation, however big or small, has a lasting impact in communities across Virginia

**Donation Portal:** FACT is pleased to announce that individuals and organizations can now make secure donations online in our Donation Portal. To make a donation visit: [www.fact.virginia.gov](http://www.fact.virginia.gov)

### What Your Donation Will

**Provide:** FACT funds are dispersed to local service grants for family violence treatment, prevention and public awareness; community wide system change grants for trauma-informed care; production of family violence prevention publications and materials such as issue briefs, brochures, and info cards and statewide trainings on best practices related to family violence.

**Grantee Spotlight:** Family Services of Roanoke Valley

## Family Services of Roanoke Valley's Counseling Programs serve up to 1,500 children, adults and older adults who are exposed to or at risk of being exposed to family violence across the Roanoke Valley.

FACT's funds helped Family Service enhance staffing and cover additional costs for administering play therapy and adult outpatient counseling programs, and to subsidize fees for clients seen in the downtown Roanoke City office or through in-home counseling services. The staffing and subsidized fees were utilized for clients who were at risk of being exposed to or had been exposed to family violence.

The Roanoke Valley contains one of the most at-risk localities in the state of Virginia--Roanoke City--which ranks high on nearly every indicator for family violence on the FACT Family Violence Data Portal. Family Service provides services on a sliding scale fee as well as accepting Medicare/Medicaid so that counseling in the Roanoke Valley is accessible and affordable for all.

**Fay's Story:** *67-year-old Fay is having trouble juggling taking care of her 88-year-old mother and severely disabled husband. Fay had a contentious relationship with her mother and was feeling overwhelmed with the responsibilities of being the sole caregiver of both her mother and husband. She reached out to for counseling and found Family Service, which has a specialty in serving older adults.*

*Through counseling, Fay learned to set healthy boundaries, how to say no and how to avoid arguments with her mom. Taking time for herself, even while caring for others, has become a priority. Fay has also encouraged her husband to take back some of his daily responsibilities—giving him more autonomy despite a crippling back injury. After receiving counseling through Family Service, Fay feels better equipped to provide quality care to her husband and mother.*

Providing community supports and services such as counseling for caregivers and older people like Fay greatly reduces the risk of elder abuse. As the first and most well-established human services agency in Roanoke, Family Service of Roanoke Valley provides counseling to those who cannot afford it anywhere else. Seventy-seven percent of Family Service's older adult clients live on less than \$11,000, and many are caretakers for children and older adults themselves. FACT's support helps Family Service provide caregiver and individual counseling accessible to all, in order to promote healthy families across the lifespan in the Roanoke Valley.



# 1,254

clients served by  
Family Services of  
Roanoke Valley in  
Fiscal Year 2017



“We greatly appreciate FACT’s support without which this training would not have been possible.”  
-Anne See,  
GACAAA  
President

### Ad Hoc Grant Spotlight: Coalition Against Elder Abuse

The Greater Augusta Coalition Against Adult Abuse (GACAAA) hosted a day long training on financial exploitation of older adults. Over 200 people, including detectives, bankers, nursing home professionals, police, prosecutors, and caregivers, attended the training. They heard from San Diego, California Deputy District Attorney Paul Greenwood, who has prosecuted more than 600 elder abuse cases over 21 years. Additionally, Erica F. Wood, Esq., Assistant Director of the American Bar Association Commission on Law and Aging presented on guardianship law and Ray Fitzgerald, Esq, Orange County Assistant Commonwealth Attorney presented on assisted living facility embezzlement and fraud.

Financial Abuse of older adults has grown significantly over the past decade. One in 20 older adults indicate some form of perceived financial mistreatment occurring in the recent past. Despite these high numbers, elder abuse, of any type, is vastly underreported. The National Adult Protective Services Association estimates that only one in 44 cases of financial abuse is ever reported.

Financial exploitation of older adults takes many forms, including lottery and sweepstakes scams, home repair and traveling con men, charity scams, and telemarketing scams. However, 90% of financial

exploitation reports to Adult Protective Services involve perpetrators who are related to, or in a trusting relationship with the victim.

The GACAAA training was made possible by one of FACT’s ad hoc grants. FACT provides up to \$2,000 in ad hoc financial support to organizations that host statewide activities that improve the prevention, treatment, or public awareness of family violence.

In fiscal year 2016 FACT funded six ad hoc Grants which provided training for over 1,300 family violence professionals.

#### Additional ad hoc grants included:

- **ImPACT-** People Against Child Trafficking in American Schools Lecture Series
- **Prevent Child Abuse Virginia-**Annual Child Abuse Prevention Conference
- **Virginia Department of Criminal Justice Services-** Intersections of Violence: Domestic Violence, Sexual Assault, and Child Abuse Conference
- **Virginia Coalition Against Elder Abuse-** Annual Conference on Adult Abuse Prevention
- **Virginia Network for Victims & Witnesses of Crime, Inc.-** 35th Annual Conference



## 2016-2018 Service Grants

### **Center for Child and Family Services' Safe Harbor for Kids**

**Program-Hampton:** FACT funded the Safe Harbor for Kids Supervised Visitation Program (SHFK) as well as trauma informed parent education to increase knowledge of effects of trauma on children. With FACT's support, SHFK facilitated 32 families' ongoing safe interaction in FY2016.

### **Children's Hospital of the King's Daughters (CHKD)- Norfolk:**

With support from FACT, CHKD's Child Advocacy Center developed and implemented a Comprehensive Family Advocacy program that prioritized the utilization of individualized, trauma-sensitive services for survivors of child maltreatment.

### **ChildSafe Center-CAC-**

**Winchester:** With FACT's support ChildSafe Center CAC provided evidence-based therapy to 34 children and 44 non-offending caretakers in the Valley region who had been victimized by family violence. Treatment focused on combating the symptoms caused by trauma and teaching healthy coping strategies. Six children have graduated thus far and had major reductions if not total resolution of clinically significant trauma symptoms.

### **Christian Relief Services' Safe Places Transitional Housing**

**Program- Alexandria:** FACT funds supported Christian Relief

Services with their transitional housing program which offers hope and support for women and their children affected by domestic violence. The program provided safe, affordable housing, victim advocacy, economic empowerment and strength-based case management in 20 scattered sites throughout Fairfax County. In FY 2016 77% of graduating clients secured permanent housing.

### **Collins Center-Harrisonburg:**

With support from FACT, Collins center provided comprehensive trainings to educate first responders to child sexual abuse in Harrisonburg and Rockingham County. These trainings educated leaders of faith institutions, guidance counselors, refugee and immigrant advocates, school resource officers and municipal law enforcement on utilizing trauma-informed systems of care for a coordinated, community-wide approach to abuse disclosures.

### **Family Services of Roanoke**

**Valley- Roanoke:** With FACT's support Family Services of Roanoke Valley (FSRV) provided accessible counseling to children, adults, and older adults who were exposed to or at risk of family violence. FACT's funding supported evidence based play therapy for children and trauma-informed counseling for older adults and their caretakers. Through

in-office, community and care facility based services, clients were served regardless of ability to pay.

### **Foothills Child Advocacy Center- Charlottesville:**

Foothills Child Advocacy Center provided a culturally sensitive, trauma informed, coordinated system of effective response and intervention for alleged child victims of abuse and their non-offending caregivers in a child-friendly setting. With FACT's support Foothills conducted forensic interviews for 224 children and ensured that safety plans were developed for all children who scored medium to high risk (114).

### **New River Valley Child Advocacy, Resources, Education and Services (NRV CARES)- Christiansburg:**

FACT funded NRV CARES' Parenting Young Children Program, which offered 13 courses to 118 parents/ caregivers of children age six and younger in Giles, Floyd, Montgomery, and Pulaski Counties and Radford City (Western Region). Participants, served through self/other referrals and partnerships with Head Start, Giles Health Network, and Virginia Preschool Initiative, were provided education and support to strengthen parenting skills.



## 2016-2018 Systems/ Community Change Grants

**Greater Richmond Stop Child Abuse Now (SCAN), Inc.- Richmond-** SCAN's Trauma Informed Community Network (TICN) is a diverse group of professionals in the Greater Richmond area who are dedicated to supporting and advocating for continuous trauma informed care for children and families. With the help of FACT funds, the Greater Richmond TICN has acquired 111 new members in fiscal year 2016, to make a total of 224 members promoting and implementing trauma-informed care in the Greater Richmond Region.

**The Up Center- Norfolk-** With FACT funds, the UP Center created the Hampton Roads Trauma Informed Care Network (HRTICN) which includes a network of public and private providers who collectively impact over 5,000 people in Norfolk, Chesapeake, Portsmouth, Virginia Beach and Suffolk. The HRTICN increases awareness and practice of trauma informed care through facilitated training and action planning.





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