



Family &
Children's
Trust Fund
OF VIRGINIA

Annual Report
Fiscal Year 2018



INTRODUCTION



Mary Russo Riley
*Chair, Board of
Trustees*

Family & Children's Trust Fund (FACT) makes a positive difference in the lives of families by combatting family violence and trauma across Virginia. We do this by supporting community-based initiatives; elevating public awareness, research and data; and promoting collaboration and innovation.

FACT is the only organization in Virginia and one of the few organizations nationally that addresses family violence across the lifespan. Historically, services to prevent and treat family violence (including: child abuse and neglect, intimate partner violence, sexual violence, and abuse, neglect and exploitation of older adults) are provided to a single population, without addressing the degree to which they are linked and often generational. FACT continues to encourage programs to address the complexities of intergenerational trauma caused by family violence.

This year we welcomed new administration, including Governor Ralph Northam and the Commissioner of Virginia Department of Social Services, Duke Storen. As a gubernatorial appointed board and with Commissioner Storen serving on our board, FACT is thankful for the Commonwealth's continued investment in our work.

Join us for a look back at the impact and progress FACT has made in fiscal year 2018. And once you see what FACT has to offer through our data portal, research briefs, special projects and grants, please consider how you can join us in reducing family violence across the lifespan.



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Vision

FACT will strive to reduce incidences of family violence in Virginia through support of community-based initiatives, public awareness and collaboration.

Mission

FACT will provide for the support and development of services for the prevention and treatment of family violence in Virginia.

Year in Review

In FY2018 FACT continued to make unique and lasting contributions to communities across Virginia. FACT's accomplishments included:

Awarded 10 new grants for the period of FY2019-2020

Grants include two large system wide trauma-informed network grants and eight local service grants. FACT continues to provide statewide leadership on trauma-informed care by requiring all FACT grants to utilize trauma-informed principles.

Completed a series of Issue Briefs on Trauma-Informed Care

FACT's Issue Brief Series explored trauma and trauma-informed care through the lifespan, and included briefs on Trauma-Informed Schools, Trauma-Informed Homeless Services and Trauma-Informed Approaches to Elder Abuse.

Awarded Adhoc Grants to conduct statewide trainings and activities

Through FACT adhoc grants, organizations across Virginia provided 11 statewide trainings and conferences and trained and educated over 2,000 professionals in the field of family violence prevention

Convened the Virginia Child Abuse & Neglect Committee

FACT serves as the convener for one of Virginia's three citizen review panels. Formally known as the Governor's Advisory Committee on Child Abuse and Neglect, FACT's Child Abuse & Neglect Advisory (CAN) Committee made recommendations regarding prevention and treatment of child abuse and neglect in the Commonwealth. In turn, FACT's Board of Trustees submitted an Advisory Letter to the Commissioner of the Virginia Department of Social Services (VDSS) outlining specific issues and challenges existing in child welfare policies and services. The Committee will receive updates from VDSS throughout the coming year on these issues to determine how the recommendations are being addressed and what role FACT and other stakeholders can play in improving and expanding services for children.

Maintained the FACT Data Portal to provide statewide information on family violence indicators

The FACT data portal continues to be the only platform where users can download Virginia locality specific family violence indicator data, graphs and maps.

Strengthened families, organizations, and communities across Virginia by administering FACT Grants

FACT successfully completed the FY2017-2018 grant period serving 52 localities across Virginia to prevent and treat family violence across the lifespan.

FACT's Impact Includes...

235

children were interviewed in a child-focused, safe, private, and welcoming facility and did not have to be interviewed over and over again in many different places and re-traumatized each time.

-Foothills Child Advocacy Program, Charlottesville

210

child and youth-serving professionals were trained on response protocols for a child disclosing sexual abuse. These trainings have strengthened inter-agency relationships and increased referrals from participating individuals and organizations.

-Collins Center, Harrisonburg

25%

of families served through the FACT grant had no other way to afford the counseling they need to manage life-long effects of trauma, abuse and neglect.

-Family Services of Roanoke Valley, Roanoke

2016-2018 FACT Grants

FACT's 2016-2018 Grant Cycle funded projects that made considerable impact in reducing and treating family violence in communities across Virginia below are some of their accomplishments made possible by FACT support.

Family Services of Roanoke Valley- Roanoke

370 families received wrap around services

25% of those served had no other way to afford the counseling

98% of clients indicated they are more hopeful about their current situation

ChildSafe Center- CAC- Winchester

59 children who had experience violence and/or neglect and **61** non-offending caregivers participated in trauma-focused therapy

25 children graduated from the program, all of which met at least **80%** of their treatment goals and reduced trauma symptoms by **90.7%**

Children's Hospital of the King's Daughters, Inc (CHKD)-Norfolk

Developed a Family Advocacy program for children who have experienced abuse, neglect, or who have witnessed domestic violence.

- **19** advocacy types were added to database
- **2,758** children received advocacy services
- **19,867** family advocacy contacts were documented

NRV Cares- Christiansburg

Parenting Young Children courses helped parents gain confidence and try new techniques.

- **229** individuals participated in the course
- **94%** of participants reported learning more about child development, behavior, and implementing strategies suggested by the course

Foothills Child Advocacy Center- Charlottesville

235 children who were victims of abuse were provided trauma-informed forensic interview services

FACT's support of a forensic interviewer allowed Foothills to use other funding for a family support person who provided **204** risk assessments, **181** needs assessments, 166 trauma assessments, and **249** referrals for community services

Collins Center- Harrisonburg

210 child and youth-serving professionals were trained and now demonstrate increased knowledge and skills in local response protocols for a child disclosing sexual abuse

Christian Relief Services' Safe Places Transitional Housing Program- Alexandria

30 transitional housing units were operated for victims of domestic violence and their families

75% of graduating families were able to secure permanent housing status, healthcare, community

Systems Change Grants

The UP Center Hampton Roads Trauma-Informed Care Network (HRTICN)- Norfolk

Attributable to the HRTICN website, outreach activity and an inaugural summit HRTICN connected with over **400** individuals around trauma informed care; **350** of whom registered for the "We're All in Summit" within 3 days of it being posted.

Greater Richmond SCAN Trauma-Informed Community Network (TICN)- Richmond

SCAN TICN members completed focus groups, recommendations for legal/ courts and healthcare groups, facilitated multiple screenings of the Resilience film, convened new committees and continued to engage professionals and community members in the journey towards trauma-informed care.

Grantee Spotlight: Center for Child & Family Services- Safe Harbor for Kids Program Hampton

FACT funded the Safe Harbor for Kids Supervised Visitation Program (SHFK) as well as trauma-informed parent education. Over the course of the grant cycle:

- **48** families were registered in the FACT sponsored portion
- **77** children visited with **49** visiting parents and there were **454** visits, **97** assessments, **7** orientations and **108** individual trauma sessions.
- Visiting parents saved an average of **\$120 per month**
- **95%** of participating, visiting parents increased their contact with their child compared to six months prior to participating in the program.
- **100%** of participating parents increased their trauma informed parenting skills
- There have been no new incidences of abuse or neglect for any of the families enrolled.

The FACT grant impacted parents, like Brittany*. Brittany lost custody her three children pending an investigation into her husband's alleged sexual abuse of their oldest daughter. Brittany was a stay at home mother, with no income. Brittany was able to visit with her children, learn trauma informed parenting skills and got a better understanding how her own trauma affects her parenting--services that she would not be able to afford without the help of the FACT grant. Brittany regained custody of her children, following the investigation.

The FACT grant impacted parents, like Mark. Mark was ordered to participate in supervised visitation after a domestic incident between him and his wife. The incident happened in front of their children. Mark was charged with the crime and lost his business. Mark was able to visit with his children, understand how the trauma has affected them and is affecting their behaviors and enrolled in other services to further deal with his own childhood trauma--all services that Mark would not have been able to afford, and would not have been connected to without the FACT grant.

*Names have been changed to protect confidentiality

2,000+

professionals
educated from FACT
ad hoc grants



Training & Education

FACT provides up to \$2000 in ad hoc financial support to organizations that host statewide activities that improve the prevention, treatment, or public awareness of family violence. In FY2018 FACT awarded 11 ad hoc grants and educated over 2,000 professionals across Virginia. The following grants were awarded:

- **Virginia Department of Criminal Justice Services-** Intersection of Violence: Domestic Violence Sexual Assault, and Child Abuse Conference
- **Greater Augusta Coalition Against Adult Abuse-** Adult Abuse, Neglect and Financial Exploitation Training
- **VA Coalition for the Prevention of Elder Abuse-** Respect and Protect Conference
- **Vision 21-** Linking Systems of Care Virginia demonstration Project Listening Tour
- **Supreme Court of Virginia and Virginia Center on Aging-** Workshops
- **Families Forward-** Annual Child Abuse Prevention Conference
- **Virginia Sex Offender Treatment Association-** Annual Conference
- **Children's Advocacy Centers of Virginia-** Statewide Conference
- **Virginia Center on Aging-** Abuse in Later Life: A Training for Law Enforcement
- **Virginia Victim Assistance Network-** 35th Annual Conference on Crime Victim's Issues
- **Action Alliance-** YOU(th) Summit

Ad Hoc Grant Spotlight: Intersections of Violence: Domestic Violence, Sexual Assault, and Child Abuse Conference

Virginia Department of Criminal Justice Services

This three-day conference included 36 workshops for law enforcement, prosecution, victim advocacy, and child advocacy professionals to highlight promising practices and emerging issues to effectively respond to domestic violence, sexual assault, and child abuse in our communities. The Virginia Department of Criminal Justice Services (DCJS) partnered with the Commonwealth's Attorneys' Services Council, Virginia Victim Assistance Network, the Virginia Victim's Fund, and the Family and Children's Trust (FACT) to present a comprehensive picture of the intersections of domestic violence, sexual assault, and child abuse.

The conference included several internationally and nationally known presenters such as, Chief Justice Richard Barajas (Ret.), Jennifer Storm, Kevin Mulcahy, Natasha Sistrunk Robinson, Justice 3D, and David Adams.

Some of the presentations and workshops included:

- Profiling Abusers and Men who Kill their Intimate Partners: Recognizing Commonalities and Differences
- Abuse and Neglect of Children with Disabilities
- Standing at the Crossroads: The Intersection of Sexual Violence and Advocacy for Victims with Disabilities
- Randy & Me: A Prosecutor's Story of his Childhood Sexual Abuse
- Medical Evaluations in CSEC (Commercial Sexual Exploitation of Children)
- I Am My Ancestor's Keeper: Transmission of Violence, Oppression, and Trauma

Out of the 344 people who attended, 82% of respondents rated the overall training as excellent or above average and 95% of respondents reported that the training helped with their overall professional development.

Feedback from the conference included:

"This training had some of the best speakers I have heard in a while"

"I have been in the counseling and DV fields for many years, but left the conference feeling excited about new ways to use some of the information gained. I've shared takeaways with many colleagues and will look forward to future trainings"

"I have gotten so much good information that I noticed that I have been able to utilize the day I got back to work. I am REALLY looking forward to attending next year"



Financials

FY17 & FY18



- Program Grants 78%
- Ad Hoc Grant Support 8%
- Supportive Services & Materials 1%
- Reserves 13%

Revenue and Support

License Plates

FACT receives the majority of its funding each year from the sale of KIDS FIRST license plates and Virginia FACT plates.

State Income Tax Check-Off Program

Virginia law allows taxpayers to voluntarily donate all or part of their income tax refund to FACT.

Donations

FACT receives donations from individuals, foundations, and corporations. FACT is a public-private partnership that receives administrative support from state government and has a gubernatorial appointed board to make funding decisions.

Your Support

Why Donate

- We are the only organization in Virginia devoted to treating and preventing family violence across the lifespan.
- We have a unique understanding of the complex issues and factors that affect family violence and thus can best distribute the funds to areas and issues that need it the most.
- We serve programs across Virginia, and are therefore best positioned to identify effective strategies and opportunities for replication and innovation.
- Every dollar donated is used to directly support programs that are working to prevent and treat family violence in Virginia. The Virginia Department of Social Services makes this possible by supporting FACT's administrative costs.
- We received \$1.2 million of requested grant proposals for the FY2019-2020 FACT Grant cycle and awarded \$300,000. Increasing our revenue will allow us to support more organizations in need across Virginia.
- **Donations to FACT are 100 percent tax deductible.**

What Your Donation Will Provide

FACT funds are dispersed to:

- local service grants for family violence treatment, prevention and public awareness
- community wide system change grants for trauma-informed care
- production of family violence prevention publications and materials such as issue briefs, brochures, and info cards
- statewide trainings on best practices related to family violence

To make a donation visit www.fact.virginia.gov

or send your contribution to: Family and Children's Trust Fund
801 East Main Street, 15th Floor
Richmond, VA 23219

2018-2020 Grants Awarded with a focus on Trauma-Informed Care

The FACT Board of Trustees awarded \$316,712 in grants to ten organizations. These grants represent FACT's commitment to support direct service and system-wide trauma-informed care approaches across the Commonwealth.

In their landmark ACEs (Adverse Childhood Experiences) Study, the Centers for Disease Control and Prevention found that exposure to ACE's, including traumatic events such as child abuse and neglect, domestic violence, and substance abuse in the household, can lead to lifelong mental, physical, and social health issues. Based on those findings, experts have cited childhood trauma as one of the most critical public health concerns today. More than 60 percent of children in the U.S. have been exposed to a traumatic event within the year and in Virginia, 19% of children have experienced two or more ACEs. The magnitude of this issue necessitates infusing trauma-informed practices into all human services programs that address issues affecting individuals and families across the lifespan.

FACT funds system-wide trauma informed networks and requires all funded direct service programs to have trauma informed components. As an established statewide philanthropic entity, FACT has focused on promoting and supporting trauma-informed practices throughout Virginia for several years. Incidentally, FACT is the only organization in Virginia, and one of few nationally, that addresses trauma across the lifespan.

Congratulations to the following Fiscal Year 2018-2020 FACT Grant Awardees as they address trauma and family violence in Virginia:

- NRV Cares
- Center for Child & Family Services
- OAR Fairfax County
- Children's Trust of Roanoke Valley
- Childsafe Center CAC
- VCU Health System
- James Madison University
- Sexual Assault Resource Center
- SCAN Greater Richmond
- Shelter for Help in Emergency



\$300K+
Family Violence
Grants Awarded

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